

NATIONAL INSTITUTE OF HEALTH SCIENCE & RESEARCH

DATE SHEET FOR Diploma in Naturopathy and Yogic Sciences (DNYS) -3rd Year SESSION MARCH-2026

Sr.No	Day & Date	Subject	Max Marks
1.	07/03/2026 Saturday	Fasting Nutrition	100
2.	11/03/2026 Wednesday	Diet Therapy & Massage	100
3.	13/03/2026 Friday	Yoga & Pranayama	100
4.	16/03/2026 Monday	Gynecology & Obstetrics	100
5.	18/03/2026 Wednesday	Hospital management & Disease	100
6.	20/03/2026 Friday	Practical, Internal Assessment, viva voice	200

Timing: - 11:00 A.M To 2:00 P.M

Controller of Exam
Nihsr New Delhi
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